Example

Student Practice Journal

To be filled out *every* practice session
Must be submitted at every lesson in Trumpet Notebook

Date	Start Time	End Time	Exercise/Etude/Solo (include m. #s)	Goal(s)	Practice Techique Used	Accomplishments/ Results/Positive Comments
2/28/12	7:00am	7:30am	Shook Warm Up	Warm up	All	Good warm up Dynamics need work
"	10:00	10:06	VC1, Groups A-B	Short warm up	On air (back of mpc)	Good flow
"	10:06	10:15	E♭ M + Cnm Scales	In tempo w/ no hesitation	Air/finger, small chunks w/ met. finger then play	E♭ M much better Cnm descending needs work
"	10:15	10:30	Hindemith - Sonate mvt 1, mm 1-9	Correct pitches Good tone	Sing w/ piano on air, buzz	Pitches better More work on tone
"	10:30	10:38	Getchell Bk 2, #93 mm 1-2	Correct rhythm [illegible] vs [illegible] 3	Clap rhythm w/ Met	Improved, but not up to speed
"	10:38	10:45	Shook warm up VC	better dynamics	each on air b4 play	Much better than earlier
"	10:45	10:55	Hindemith - Sonate mvt. 1, rhl (14) → end	Correct breaths/phrases Full breaths	BG flow Study and Quick breath exercises	More confident w/ breaths. Tone opening
—	—	—	—	—	Also, phrase by Phrase on air only	up. Pitch accuracy can improve
"	10:55	11:00	Pedal Tones	Get pedal A♭	Pedal Tones	Got it!